



ZANZIBAR
WHITE SAND
LUXURY VILLAS & SPA

SPA TREATMENTS





Through the use of locally sourced products and scents, we invite you to embark on sensory journeys of authentic treatments from near and far. Enter peaceful enclave of Zanzibar White Sand Luxury Villas & Spa and choose from a variety of body treatments, specialist traditions and wellness therapies. Embrace a holistic approach to your well-being and indulge in a wide range of treatments offered in our spa. Draw inspiration and energy from the nature surrounding the open treatments rooms, the smell of the sea and the tropical wildlife to relax, rejuvenate and reconnect with inner peace and joy.

Our offer is crafted with your health and comfort in mind and the treatments may be offered in an individual or couple setting for your convenience. As a prelude or interlude to your treatments, enjoy a sauna or hammam session in the dedicated amenities for a holistic pause.

SPA TREATMENTS

One hour massages | \$ 90

RELAXING MASSAGE

Relax your senses with a full body treatment using exquisite oil of rose, jasmine or lavender to calm your nervous system and leave you completely at peace.

TONIFYING MASSAGE

This full body massage combines deep stretching, stroking and kneading pressure to stimulate the blood flow as well as release arthritic pains and muscular tensions.

ACUPRESSURE MASSAGE

Concentrating on your energy channels (nadis), we balance and connect your chakras to encourage life energy (prana) flow with different pressure point techniques. For skin that is stressed or fatigued, firm pressure relaxes features and smoothes fine lines.

WARM OIL MASSAGE

In this treatment, the Zanzibar tree of life oil is warmed and used to work deeply into the entire tension zone from head to toe to alleviate pain and stress, promoting circulation.

ZANZIBAR SPICE MASSAGE

Revive your skin's natural health with this traditional oil based treatment. A holistic massage with Zanzibar spices and coconut oil is used to stimulate blood circulation and strengthen the immune system.

30 minutes localized treatments | \$ 50

STRESS RELIEF

Combined legs, back, shoulder and head massages to relax all tension zones and invigorate your body and mind.

LEGS MASSAGE

A combination of deep massage pressures on the back and the front of your legs leaves your leg ache-less, toxin free, lighter and more energetic.

AFRICAN RAIN FOOT MASSAGE

An ancient technique concentrating on reflex points on the foot to release and relax your body.

BODY KAHAWA SCRUB

Delight your senses with lovely smell, great relaxation and all skin impurities removed, leaving your skin totally softened and smoothed.

BODY RENEWAL

Experience the beauty from Indian Ocean using seaweed and coconut oil to clean and remove the dead skin cells.

SPORTS RELIEF

This legs and muscles focused massage will loosen post-workout tensions to ensure you make the most of your exercise, without the sore muscles. We particularly recommend this treatment after a kitesurfing or sport session. Your muscles relax and the blood flow improves, providing a feeling of lightness.



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SPA PACKAGES

45 minutes | \$ 50

AFTER SUN BODY WRAP

This sensorial and relaxing face and body treatment prolongs a healthy glow after sunbathing. An ideal treatment after a day in the sun: the combination of pure aloe vera and coconut oil will cool and repair your skin, leaving it visibly healthy, refined and as soft as silk.

One hour and 30 minutes | \$ 120

BLISSFUL EXPERIENCE

A smoothing exfoliation with Kahawa (coffee) scrub precedes your treatment, leaving your skin healthy, refined and as soft as silk. Your body is then revitalised with a relaxing massage, providing an absolute sense of calm and escape.

Two hours | \$ 180

EARTH SOUL BODY ENVELOPMENT

This high antioxidant treatment boosts your blood circulation and immune system. After a body exfoliation, enjoy a body wrap in natural oils, followed by delicate moisturising of your skin, finished by a pampering facial and scalp massage to promote a divine feeling of well-being. It is the ultimate experience for a complete relaxation of the mind and body.

EXCLUSIVE SPA TREATMENTS

One hour | \$ 50

IN-VILLA JOY ENERGISING BATH

In the privacy of your villa: this cosy setup will bring joy and energy to those feeling stressed and dehydrated, and aims to release all the nervous tensions.

IN-VILLA NOURISHING BATH

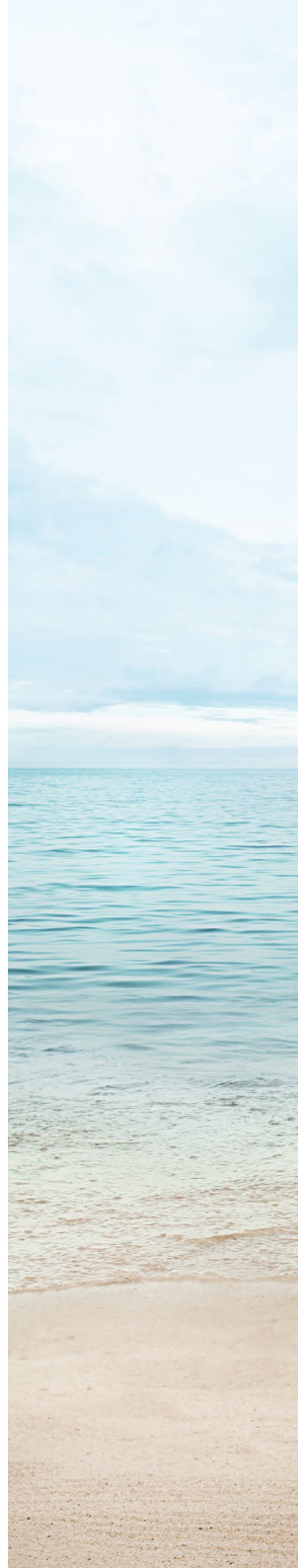
In the privacy of your villa: this nourishing bath helps with insomnia and anxiety. Get a wonderful sleep and nourished skin thanks to the sleep enhancing body butter and warmth of a bath.

One hour | \$ 50

FACIAL CEREMONY

This combination of natural organic products and traditional techniques aims at renewing and refreshing even the most lifeless skin. With the powerful benefits of active indigenous ingredients, we sooth, revitalize and hydrate the face, leaving the skin nourished and radiant. Choose from:

- Hydra boost facial with Marula and Rose
- Purifying facial with Neroli and Rose
- Glowing and radiance facial with Jasmine and Baobab
- Healing Earth facial for men with Jasmine and Baobab



SPA TREATMENTS



HAND AND FOOT TREATMENTS

Nail Polish	30 min. / \$ 15
Hand Celebration.....	60 min. / \$ 60
Foot Celebration.....	75 min. / \$ 75
French Nail Polish.....	30 min. / \$ 20
French Manicure	60 min. / \$ 55
French Pedicure	60 min. / \$ 65

WAXING

Lips or chin	10 min. / \$ 15
Underarms	15 min. / \$ 30
Face.....	30 min. / \$ 40
Half legs	30 min. / \$ 55
Full legs	45 min. / \$ 75
Arms.....	30 min. / \$ 50
Back	50 min. / \$ 65
Bikini.....	45 min. / \$ 70

GENERAL CONDITIONS

TREATMENT DURATION

The therapy durations indicated correspond to the length of your experience at the Spa. We encourage you to arrive at the Spa 10 minutes prior to prepare yourself for your treatment.

A MOMENT OF TRANQUILLITY

Our Spa is a haven of serenity. Please be sure to turn off your cell phone so that your relaxation and that of other guests is not disturbed.

RESERVATION AND CANCELLATION POLICY

In order to secure the most suitable schedule for you, we recommend that you anticipate your treatments by setting an appointment. Should you need to cancel or reschedule your appointment, kindly let us know at least 3 hours prior to your treatment to avoid the full therapy fee. Cancellations made within the 3 hours will incur a full treatment price charge.

LATE ARRIVAL

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

SPECIAL CONSIDERATION

Guests who have high blood pressure, heart conditions, any other medical complications, or are pregnant, are advised to consult their doctors before signing up for any spa services. Kindly inform your spa therapist of any existing medical conditions.

SMOKING AND ALCOHOL

Smoking and consumption of alcohol within the spa is prohibited.

VALUABLES

We recommend you to not wear any jewellery or to bring valuable items at the Spa.

OPENING HOURS

The Spa is open every day from 9 AM to 7 PM. It is possible to arrange treatments outside these hours upon availability.

IN VILLA TREATMENTS

Our treatments can be performed on a mobile massage table arranged in the privacy of your villa, at extra charge. Please contact us for details.





PAJE, ZANZIBAR
WWW.WHITESANDVILLAS.COM