

The Fun Stuff

Six Senses Zighy Bay

We are the Experiences Team and our mission is to craft inspiring, educational and fun activities for you. All our experiences can be tailored to suit your individual requirements and preferences.

SIX SENSES ZIGHY BAY enjoys a private and secluded setting with a host of activities on hand to entertain all ages and satisfy the most discerning of tastes. From water sports and beach activities to hiking and discovering nature, Six Senses Zighy Bay has something special for everyone.

Our entire range of activities, including a full array of water sports, is fully covered with public liability insurance. We take great pride in assuring that our guests are in safe hands at all times.

It is always a tasty option to add additional beverages and food to your excursions.

The Experience Center is located next to the main gate past the Sablah and is open from 8:00 am to 6:00 pm, daily.

Our Water Sports Center is located next to the Saltwater Pool where we have a range of sea activities from Stand-up Paddle Board to Water Skiing to stimulate and energize you.

Please contact your GEM to organize the activities or for more information on the excursions, simply contact the Experiences Center on Extension 1918.

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Booking

Our Experience Team or your GEM can help you curate and book your experiences during your stay.

Cancellation Policy

If you wish to cancel your program, please inform the Experience Team or your GEM at least **12 hours prior** to the scheduled booking time otherwise a 50 percent charge will be applied. If no cancellation notice is given, the full cost of the tour will be applied to your room account.

Please note that your safety is our priority and due to inclement weather, some tours may be cancelled at the last minute, we will not apply cancellation charges for these exceptions.

Environment

At Six Senses Zighy Bay we follow sustainable practices, both inside and outside the resort and we constantly strive towards raising awareness among our guests and hosts. All our activities and excursions are delivered with respect to our surrounding environment.

Grow With Six Senses

The Chaica's Club is where children aged 4 to 10 years old get to immerse in fun, yet educational activities throughout the day, while the Al Fateen's Club is for teenagers aged 11 and above. Here, they can hone new skills in archery, bungee trampoline and slack-lining.

Weekly activity schedules for Chaica's and Al Fateen's Club are available on the Six Senses App, your villa television and by connecting with your GEM.

The Culture Club

SPEAK ARABIC WITH US

Marhaba! Learn the basics of the Arabic language with one of our Omani hosts and feel free to chat with the other Arabic-speaking hosts to practice your new skills.

Essentials:

Your thinking cap and an open mind to gain knowledge.

Duration:

One hour, please contact the Experience team to arrange your class time or check our weekly activity sheet schedule in your villa.

Includes:

Simple module, tutor and quiz

Seasonality:

Available all year round

Price: OMR 10 per person

Environment:

Ask our hosts what they do to preserve the environment in Arabic. Save paper by asking our Experience Team to send you the Arabic Class booklet via email.

Why not...

Practice your Arabic skills while experiencing the true Omani culture through a woman's eyes at Sense of Oman?

Experience Six Senses Zighy Bay

SENSE OF OMAN: THROUGH A WOMAN'S EYES

Embark on a cultural journey with us to discover the secret way of life of Omani women from our neighboring town, Dibba.

You will be invited to have a hand in culturally crafted experiences – from weaving to coffee blending and pottery decorating. Learn how to prepare Omani delicacies, which you'll be able to taste in a traditional Omani breakfast.

Essentials:

Modestly dressed - shoulders and knees should be covered. You may bring some cash should you wish to purchase any local handicrafts. Prior to taking photos and videos, please ask the ladies' permission as a courtesy.

Duration:

Three hours from 10:00 am to 1:00 pm on Mondays and Wednesdays

Includes:

Local Omani guide

Seasonality:

Available all year round

Price: OMR 65 per person

Environment:

Through this experience, you will be supporting the social environment of the Dibba Women Association as your full contribution will be put to fund their infrastructure development projects, including facilities for the local children.

Why not...

Continue your cultural journey at Shua Shack where local lamb is cooked the Omani way: underground in a sand pit!

Into Trekking and Adventure

DOWNHILL DASH

Are you a thrill seeker? This advanced ride is a great opportunity to test your endurance and to explore up close and personal Oman's rugged terrain.

Feel the excitement of riding and sliding down the Hajar Mountains where the stress-busting physical effort and your senses keep you focused.

Essentials:

Helmet, mountain bike pants, sun block, sunglasses, iPod, appropriate footwear. For experienced riders only.

Duration:

Approximately three hours

Includes:

Mountain bike, guide, helmet, gloves and drinking water

Difficulty:

Hard

Seasonality:

Available October to May

Price: OMR 99 per person

Environment:

Please help us to keep the environment around the Hajar Mountains clean by bringing any rubbish back to the resort.

Why not...

Book one of the signature treatments at Six Senses Spa after?

Experience Six Senses Zighy Bay

ZIGHY BAY GUIDED TOUR ON BIKES

If you want a good challenge, look no further than Sense On The Edge peak. If you run out of steam on the way up, enjoy the downhill to the marina, and the tough ride on the fluffy sand on the beach.

Essentials:

Helmet, mountain bike pants, sun block, sunglasses, appropriate footwear

Duration:

Approximately one hour

Includes:

Mountain bike, guide, helmet, gloves and drinking water

Difficulty:

Medium - Hard

Seasonality:

Available October to May

Price: OMR 25 per person

Environment:

If your energy allows, we suggest you take a resort bike and ride from your villa to the Jungle Gym. Less pollution, better health.

Why not...

Book a spa treatment followed by a Wellness juice after your workou

Experience Six Senses Zighy Bay

SABATYN 4X4

This easy trek explores the village of the Sabatyn plateau. After a scenic one-hour 4x4 drive from the resort, you will reach the plateau 3,937 feet (1,200 meters) above sea level then continue to Sabatyn, a village that stretches along a mountainside with wonderful views down to Wadi Al Bih. The village contains a wealth of petroglyphs, stone towers and ancient houses that were once home to farmers tending their large terraced fields. Early risers can take the opportunity to witness the beauty of Sabatyn while enjoying a scenic lunch picnic. For sunset worshippers, take the trip three hours prior to dusk, after a winding drive to the plateau and find a perfect spot.

Essentials:

Comfortable shoes, cap, sunglasses and a camera

Duration:

Three hours

Includes:

Transportation, guide, drinking water.

Seasonality:

Available all year round

Price:

OMR 198 for up to two (2) persons
OMR 99 per additional adult
OMR 45 per child (aged 4 to 11 years old)

Optional inclusions:

Connect with your GEM to add some tasty meals onboard

Environment:

Ensure the beauty of the Sabatyn Trip remains the same by bringing your rubbish back to the resort with you.

Experience Six Senses Zighy Bay

SLACK LINING

Slacklining is the use of a form of webbing that is tensioned between two anchor points to balance. If you ever imagined yourself walking a tightrope like a pro high above the circus floor, then you've come to the right place to learn slack lining.

Essentials:

Sun block, comfortable clothes, sunglasses and...balance!

Duration:

One hour

Includes:

Instructor, drinking water

Difficulty: Easy

Seasonality:

Available all year round

Price: Complimentary

Why not...

Use your new balancing skills and take a Yoga class at our Six Senses Spa.

Experience Six Senses Zighy Bay

VILLAGE TREK

Explore a historic Omani village. Dibba is renowned for its relics, including tombs and implements dating back to the seventh millennium BC. Archaeological discoveries reveal that the area has been populated since the Stone Age. Here we will walk around a local farm and heritage site where you can absorb the past.

Essentials:

Trekking clothes, sunglasses, cap, sunblock, comfortable footwear

Duration:

Three hours

Includes:

Drinking water, fruits and a guide

Difficulty: Medium

Seasonality:

Available October to May

Price:

OMR 74 per adult

OMR 35 per child (aged 4 to 11 years old)

Environment:

Help the villagers by collecting rubbish along the way.

Why not...

Ask your GEM to schedule a relaxing soothing bath or a foot massage after your adventure?

Experience Six Senses Zighy Bay

SMUGGLERS BAY TREKKING

Explore experience and connect with nature. Enjoy a hike to take you around picturesque Zighy Bay, such as the Smuggler's Bay trek. Our guided Experiences Team makes sure that you take the right goat paths through the mountain. Be sure to bring proper footwear, as the rocks can be loose.

Essentials:

Comfortable clothing, sunglasses, appropriate footwear, cap, sun block and Go-Pro if you have one

Duration:

Three hours

Includes:

Guide, drinking water

Difficulty:

Hard – Recommended for experienced hikers only, as it involves navigating up steep and rocky terrains

Seasonality:

Available October to May

Price:

OMR 35 per person

Group activity – maximum of 6 guests

Environment:

Return any rubbish you see on the way to the resort and we will recycle for you.

Why not...

If you like heights, why don't you book a paraglide session for tomorrow.

Experience Six Senses Zighy Bay

DIBBA TOUR

Dibba Al -Baya, throughout history was attacked and conquered by several regional and colonial powers. This classic border town hosts a traditional fort that has been converted into a museum, local fish markets (and afternoon auctions), a town mosque and graveyard. We also have a stop to visit our farm to see how produce is made in the desert sands of Dibba.

Essentials:

Hat, Sunglasses, camera, and a sense of adventure

Duration:

Two and a half hours

Includes:

Transportation, guide and cold refreshments

Difficulty:

Easy

Seasonality:

Available all year round

Price:

OMR 98 for up to two (2) persons
OMR 40 per additional adult
OMR 20 per child (aged 4 to 11 years old)

Environment:

Use a towel instead of tissues to minimize your paper consumption

Why not...

Explore the authentic flavors of Arabic cuisine at Spice Market?

Experience Six Senses Zighy Bay

SIX SENSES ORGANIC FARM

Grab the family as we take you into Dibba town to visit our very own farm! Whether you choose to hand-feed our goats and jersey cows or go egg hunting in our luxury chicken coop, our friendly animals can't wait to meet you.

For Mum and Dad, sample vegetables straight from the vine or sit on our sun-drenched verandah and have an espresso coffee or tea, as the kids run around.

Essentials:

Hat, Sunglasses, camera, and a sense of adventure

Duration:

Two hours

Includes:

Greenhouse exploring, vegetable tasting, local date tasting, Omani coffee

Difficulty:

Easy

Seasonality:

Available all year round

Price:

OMR 50 for up to two (2) persons
OMR 20 per additional adult
OMR 10 per child (aged 4 to 11 years old)

Environment:

Use a towel instead of tissues to minimize your paper consumption

Why not...

Schedule an Arabic Cooking Class during your time at the resort to discover some culinary tricks and useful tips?

In The Air

SIX SENSES ZIGHY BAY MICROLIGHT

Try a Microlight flight, one of the greatest adventures you will ever have. It's hugely exciting and the sights are spectacular. Your flight starts from the sandy runway on Zighy Beach. Our microlight pilot will take you over Six Senses Zighy Bay, Miami Beach and then to Dibba town, where you can explore the village from 1,640 feet (500meters) and enjoy the beautiful scenery.

Essentials:

Comfortable clothes and shoes, sunglasses, Go-Pro if you have one ... keep calm and enjoy the flight

Duration:

15 minutes

Includes:

Drinking water

Seasonality:

Available September to May, subject to wind conditions

Price:

OMR 95 per person

Environment:

Out of respect to the environment and people below, please do not discard any objects when you're up in the air.

Why not...

Combine the experience with one of our Splash-Splash activities so you'll get the best of both worlds - water and air.

Experience Six Senses Zighy Bay

PARAGLIDING

Step out from your comfort zone and glide into the sky. Let us take you on a flight of discovery. Paragliding takes place on the top of Zighy Mountain next to our signature dining venue Sense on the Edge. This is an experience not to be missed! Our paragliding pilot will take you around the edge of the mountain where you can explore the bay from 960 feet (290meters) above ground, and simply enjoy the beautiful views before landing on our sandy beach.

Essentials:

Closed-toes shoes, comfortable clothing, Go-Pro if you have one

Duration:

All flights times are dependent on wind conditions on the day.

Includes:

Drinking water

Seasonality:

Available all year round, subject to wind conditions

Price:

OMR 95 per person

Environment:

We understand that you might get a euphoric thrill when you're up there but try not to hit the birds.

Why not...

Drop by to the pool bar for some celebratory refreshments after your epic flight?

Excitement Seekers

ARCHERY

Fancy being Robin Hood? Welcome to archery and discover the secrets of shooting a bow and arrow in this fun session. Learn the unique skill and technique of archery in an entertaining and challenging way.

Essentials:

Comfortable clothes, sunglasses, hat and sun protection

Duration:

30 minutes

Includes:

Instructor, drinking water

Seasonality:

Available all year round, however we encourage late evening during the summer months.

Price:

Complimentary (minimum age 12 years old)

Environment:

Watch for our Zighy goats, they're not your targets.

Why not...

Combine your archery session with a relaxing swimming the salt-water pool?

Experience Six Senses Zighy Bay

BEACH FOOTBALL, PÉTANQUE BADMINTON AND VOLLEYBALL

Whether you're looking for a real sport or simply would like to be active under the sun, you can have it all. If you're new to Pétanque, it's an extremely simple game. What makes it so appealing is that you can be way ahead for a while, yet lose a second later, or vice versa.

Football goals can also be set up for you by our in-house Experiences Team.

Essentials:

Sun block, sports clothing, cap, sunglasses and an active group of friends

Duration:

One hour

Includes:

Pétanque equipment, volleyball, football and nets

Seasonality:

Available all year round

Price:

Complimentary

Environment:

Keep hydrated by drinking plenty of water, however, please recycle your plastic bottle by placing them in one of our bins.

Why not...

Combine it with archery before or after.

Experience Six Senses Zighy Bay

CINEMA PARADISO

Cinema Paradiso keeps the family together and entertained with movies on the beach under a blanket of stars while our ushers serve popcorn for your cinematic enjoyment.

Essentials:

Bring along a pashmina or pullover during cooler months

Duration:

Between one and two hours, depending on the length of the film

Includes:

Headsets and popcorn

Seasonality:

Available outdoors from September to May and indoors from June to August

Price:

Complimentary twice a week for all guests at the Main Beach. A Private Cinema Paradiso can also be set up in your villa for OMR 25 per person.

Environment:

Noise canceling headphones are provided to ensure no noise pollution to sleepy guests.

Why not...

Watch your favorite movie while we prepare a BBQ of your choice in the privacy of your villa?

Experience Six Senses Zighy Bay

TENNIS

Fancy being the next Novak Djokovic or maybe the next Serena Williams? Why not test your volley and backhand on our tennis court located near the Saltwater pool. It is advisable to play either early in the morning or evening before the sun gets too hot. To avoid disappointment, please kindly pre-book your hour slot with either your GEM or the Experience Team.

Essentials:

Tennis attire, cap, sun block and shoes

Duration:

One hour

Includes:

Rackets, tennis balls, drinking water and towels

Seasonality:

Available all year round

Price:

Complimentary (60 minutes)
Private lesson – OMR 50 per hour
Package of five (5) hours – OMR 222
Beat the Pro – OMR 69 or complimentary if you manage to win one set

Environment:

Alert a host in Experience to ensure the flood lights are turned off when the court is not in use

Why not...

Celebrate your victory with a drink in Zighy Bar

Splish Splash

DHAHAB & CATAMARAN CRUISE

Experience the history of a traditional dhow in the Gulf of Oman as you cruise slowly through the ocean beside the fjords of the spectacular Musandam Peninsula. Explore small bays and unique fishing villages carved into mountains. This gallant 20-foot (six-meter) high local fishing boat called a dhow has been used for more than 500 years and is one of our most popular excursions for all ages.

Essentials:

Swimwear, clothing for over your swimwear, sunglasses, camera and sun block

Duration:

Three, five or seven hours

Seasonality:

Available all year round, subject to sea conditions

Environment:

When swimming around the coral and sea life, please refrain from touching sensitive marine invertebrates as they are fragile and can be easily damaged.

Why not...

Let your GEM know your preferred food and non-alcoholic beverages preferences so we can bring it along?

Experience Six Senses Zighy Bay

Dhahab Price:

Three-Hour Trip to Haffa and White Rock

OMR 500 for up to four (4) persons
OMR 100 per additional adult
OMR 55 per child (aged 6 to 11 years old)

Five-Hour Trip to Sanat Bay

OMR 700 for up to four (4) persons
OMR 150 per additional adult
OMR 75 per child (aged 6 to 11 years old)

Seven-Hour Trip to Lima Bay*

OMR 2150 for up to four (4) persons
OMR 350 per additional adult
OMR 160 per child (aged 6 to 11 years old)

**Inclusive of a meal, a service host and a private chef onboard*

All Dhahab trips include:

Fins, snorkeling goggles, hand-line fishing, stand-up paddle board, single kayak

Catamaran Price:

Three-Hour Trip to Haffa and White Rock

OMR 450 for up to four (4) persons
OMR 100 per additional adult
OMR 50 per child (aged 6 to 11 years old)

Five-Hour Trip to Sanat Bay

OMR 600 for up to four (4) persons
OMR 120 per additional adult
OMR 60 per child (aged 6 to 11 years old)

Seven-Hour Trip to Lima Bay

OMR 900 for up to four (4) persons
OMR 200 per additional adult
OMR 100 per child (aged 6 to 11 years old)

All Catamaran trips include:

Fins, snorkeling goggles, hand-line fishing, stand-up paddle board

*Onboard meals for Dhahab and Catamaran trips are available upon request.
Please connect with your GEM to make an advance order.*

All prices are inclusive of taxes and fees.

Experience Six Senses Zighy Bay

DHOW CRUISE

Embrace the natural splendor of the Musandam fjords. Experience the infinite horizon and golden views of the setting sun from onboard our Zayty Dhow.

Essentials:

Camera, comfortable clothing, footwear, sun block, cap and sunglasses

Duration:

Two and five hours

Optional Inclusions:

Elevate your private dhow experience with canapes and juices onboard. Connect with your GEM for the available selections.

Seasonality:

Available all year round, subject to sea conditions

Price:

Private tour (2 hours)

OMR 250 for up to four (4) persons
OMR 50 per additional adult
OMR 25 per child (aged 6 to 11 years old)

Private tour (5 hours – day cruise)

OMR 450 for up to four (4) persons
OMR 100 per additional adult
OMR 50 per child (aged 6 to 11 years old)

Shared tour (2 hours, minimum 2 adults)

OMR 80* per adult
OMR 40* per child (aged 6 to 11 years old)

**prices include canapes and juices*

Environment:

Don't harm the marine life! Please handover your rubbish to our team for proper disposal.

Why not...

Book a private dinner at the Wine Tower upon your return so you can continue to enjoy the spectacular views of the bay?

Experience Six Senses Zighy Bay

SPEED BOAT TOUR

Enjoy the scenery, soak up the sun and maybe take a leisurely swim, explore small bays and unique fishing villages carved into mountains, visit Dibba Port to explore the fish market in the afternoon. This experience will take you back to the past ways of the local lifestyle.

Essentials:

Comfortable clothing, swimming suit, footwear, sun block, cap and sunglasses

Duration:

Two hours

Optional Inclusions:

On private boat tours, you will have the option to add some snacks and your choice of juices. Connect with your GEM for the available selections.

Seasonality:

Available all year round, subject to sea conditions

Price:

Private tour

OMR 200 for up to four (4) persons
OMR 40 per additional adult
OMR 20 per child (aged 6 to 11 years old)

Shared tour (minimum 2 adults)

OMR 65* per adult
OMR 32* per child (aged 6 to 11 years old)

**prices include canapes and juices*

Environment:

If you see any debris in the water bring it back and we will dispose of it properly

Why not...

While at the fish market, practice your bargaining skills to secure your favorite seafood and ask our chef to prepare it when you get back

Experience Six Senses Zighy Bay

HAND-LINE FISHING

This excursion sets off on the open sea with our best fisherman. Try to catch local great-tasting fish such as snapper, using traditional handlines. If you manage to land a mature sized reef fish, we can deliver it to our chefs to bake, grill or steam in banana leaf along with the appropriate accompaniments for you to enjoy!

Essentials:

Luck, sun block, cap, sunglasses and... patience!

Duration:

Two hours

Optional Inclusions:

On private hand-line fishing trips, you will have the option to add some snacks and your choice of juices. Connect with your GEM for the available selections.

Seasonality:

Available all year round, subject to sea conditions

Price:

Private tour (maximum 5 guests)

OMR 250 for up to four (4) persons
OMR 50 per additional adult
OMR 25 per child (aged 6 to 11 years old)

Shared tour (minimum 2 adults)

OMR 65* per adult
OMR 32* per child (aged 6 to 11 years old)

**prices include canapes and juices*

Environment:

To protect the marine life, we implement a catch and release policy; however, you are invited to bring one large fish back to the resort. If you do catch a Hamour fish you will be requested to place it back in the sea, as this particular species is endangered and overfished in these waters.

Why not...

Ask our chef to prepare your catch in your preferred way?

Experience Six Senses Zighy Bay

DEEP SEA LINE FISHING

Leave the beautiful Zighy Bay Marina for a scenic one-hour boat ride to the fishing waters, before putting the lines in for some trawling.

Essentials: Sun block, hat, sunglasses... and some patience!

Duration:

Four hours

Optional Inclusions:

On private deep sea line fishing trips, you will have the option to add some snacks and your choice of juices.

Connect with your GEM for the available selections.

Seasonality:

Available all year round, subject to sea conditions

Price:

OMR 549 for up to four (4) persons

OMR 110 per additional adult

OMR 55 per child (aged 6 to 11 years old)

OMR 55 per additional hour

Environment:

To protect the marine life, we implement a catch and release policy; However, you are invited to bring one fish back to the resort for your dining enjoyment. We will advise you to return endangered species to the ocean.

Why not ...

Arrange for your fish to be cooked and served in the Summer House or Spice Market in the evening or at your villa (upon request).

Experience Six Senses Zighy Bay

FJORDS OF MUSANDAM

Explore the natural beauty of the coast from a close range using our speed boat.

Essentials:

Sun block, hat, sunglasses...

Duration:

Four hours.

Optional Inclusions:

Exploring the coasts is more delightful when paired with scrumptious snacks onboard. Connect with your GEM for the tasty selections.

Seasonality:

Available all year round, subject to sea conditions

Price:

OMR 400 for up to four (4) persons
OMR 90 per additional adult
OMR 45 per child (aged 6 to 11 years old)

Environment:

We do not drop the anchor during this excursion to protect the reef and marine life.

Why not ...

Try the Zighy hike to explore on foot the beach at the Smugglers Bay

Experience Six Senses Zighy Bay

WATERSPORTS

If you are just getting started in the world of waterski or wakeboarding but want to start learning some tricks, or if you are looking for something different to do on the water, try tubing. Fun is guaranteed.

Essentials:

Life jacket, quick-dry pants, t-shirt, sun block and Go-Pro if you have one

Duration:

15, 30 or 60 minutes

Includes:

Equipment and instructor

Seasonality:

Available all year round, subject to sea conditions

Price:

OMR 25 (15 minutes)

OMR 45 (30 minutes)

OMR 70 (60 minutes)

Environment:

Ensure you only ski outside of the boundary boom and watch out for nets from the fisherman of Zighy Village.

Why not...

Do your part for the environment with some non-motorized activity like... kayaking or stand up paddle board?

Experience Six Senses Zighy Bay

GUIDED SUNRISE KAYAKING / SUP

This is one of the most magical kayaking/ SUP experiences. There is always something that makes you gasping awe, whether it is the breaking dawn as it reflects across the water or simply the profoundly peaceful atmosphere that surrounds you.

Essentials:

Life jacket, quick-drying shorts, T-shirt, a waterproof camera if you have one

Duration:

One hour

Includes:

Life jacket, drinking water, and guide

Seasonality:

Available all year round, subject to sea conditions

Price:

OMR 12 per person (minimum age 12 years old)

Environment:

If the sea is rough, we advise you not to go at nighttime, our expert guide will advise you on the best sea conditions.

Why not...

End the experience with a revitalizing health juice at the Spice Market over breakfast

Experience Six Senses Zighy Bay

SCUBA DIVING

The Gulf of Oman has become an increasingly important diving destination. The Musandam Peninsula is blessed with an incredible underwater world with beautiful hard and soft coral reefs that attract a wide variety of marine life eager to feed on the plankton-rich waters. This marine experience is something not to be missed while you are here! For beginner divers please don't hesitate to contact our dive team for try dives or a wide range of dive courses.

Essentials:

It's advisable that you don't dive when you have a cold. Don't forget to bring your underwater camera, a cap, sunglasses and sun block.

Duration:

Two hours (one-tank dive)
Five hours (two-tank dive)

Departure Time:

From 8:45am or 2:15pm – Subject to availability

Includes:

Fruit platter for one-tank dive, and lunch for two-tank dives

Price:

Prices are advised by our dive team

Seasonality

Available all year round, subject to sea conditions

Environment:

Please preserve the marine life by not touching any underwater world creatures or standing on the coral. If you see underwater rubbish or discarded nets please alert your instructor.

Why not...

After seeing the underwater world, now it's time to see it from above. Book a paraglide or micro light session.

Experience Six Senses Zighy Bay

PADI COURSES AND SSI COURSES

Based at the marina at Zighy Bay, the Dive Center offers the expertise of very experienced international divers who conduct SSI and PADI courses, privately or in groups, in English, French, German and Dutch. State-of-the-art equipment, with a small fleet of powerful boats, including two Royal Craft 35 that can accommodate up to six divers or eight snorkelers.

Essentials:

Never eat a big meal before diving and wait at least two hours before going into the water.

Duration:

The choice of two-day, two and a half day or four-day courses are available

Includes:

Diving equipment: wet suit, BCD and regulator, nitrox compressor, fins, mask and snorkel, computer and compass, torch, book of theory and certification.

Seasonality:

Available all year round, subject to sea conditions

Environment:

Let your instructor know if you see any debris or nets in the reef. We will come back and remove in one of our reef cleans.

Price:

Advised by our dive team

Why not...

Book an additional day with Extra Divers and snorkel with the team.

Experience Six Senses Zighy Bay

SNORKELING TRIPS

Snorkeling is great fun, easy to learn and one of the ideal ways to build up confidence in the water. It is accessible to anyone and definitely a cool way to spend time with the family. Our expert dive team at Extra Divers will take you to some of the most breathtaking areas of our local coastline to explore the underwater realm.

Essentials:

Hat, sunglasses and sunscreen

Duration:

Two or five hours

Includes:

Snorkeling equipment, drinking water

Price:

Two-Hour Trip

OMR 46 per person – one snorkeling session with fresh fruit snack (shared boat with minimum of two persons)

Five-Hour Trip

OMR 81 per person – two snorkeling sessions with lunch onboard (shared boat with minimum of two persons)

Seasonality:

Available all year round, subject to sea conditions

Environment:

Please respect the sea conditions when snorkeling and seek advice from an Experience host. Always inform someone when you are in the sea and ideally go with a buddy.

Why not...

Arrange an in-villa seafood barbecue afterward in the privacy of your villa?

Experience Six Senses Zighy Bay

A MER-MAZING EXPERIENCE

Shoes off, fin on! Live up to your mermaid fantasy through some underwater fun with our team of professional divers. An SSI certified program, the experience combines mermaiding in our Main Pool with a lesson on sea ecology, which includes six topics that you can choose from – sea turtle ecology, marine ecology, fish identification, manta and ray ecology, coral identification and shark ecology.

Essentials:

Come in your favorite swimwear and a whole lot of energy

Duration:

90 minutes

Includes:

Cool underwater photos and a certificate

Price:

OMR 81 per person

Seasonality:

Available all year round

Environment:

Share your knowledge about the marine life with friends back home and remind them why it's important to protect the environment.

Why not...

Snack on a healthy menu from the Green Shack at the Beach Bar after your mer-mazing experience.

Fun for the Tummy

ORGANIC HERBAL MIXOLOGY

Our resident mixologists may be raiding the organic garden in search of fresh produce to feature in our cocktails and mocktail menu. Join him and discover the fine art of creating a spectacular drink that you can prepare easily at home.

Essentials:

Camera and thirst

Duration:

One hour

Includes:

The creation of the day for you to enjoy!

Seasonality:

Available all year round

Price:

Complimentary

Why not...

Extend the unwinding moment at No Rush Hour and work your way through the cocktail list with some tapas at Zighy Bar?

Global Sensibility

BEACH CLEAN UP

Join our hosts in keeping our beach clean and preserve the gift of nature.

Essentials:

Cap, comfortable footwear, sunglasses and sun block

Duration:

One hour

Includes:

Equipment, drinking water

Seasonality:

Available all year round, subject to tidal conditions

Price:

Complimentary

Why not...

Post the picture on your Facebook page so people can follow your commitment to the environment?

Experience Six Senses Zighy Bay

ORGANIC GARDEN TOUR

Did you know that we have a 26,910 square foot (2,500 square meters) organic garden in the heart of our resort? Meet our Gardening team who will share some interesting details about our sustainable practices.

Essentials:

Cap, comfortable footwear, sunglasses and clothes, sun block and camera

Duration:

One hour

Includes:

Drinking water

Seasonality:

Available from November until May

Price:

Complimentary

Why not...

Join the Organic Herbal Mixology Class afterwards, to mix and stir your preferred herbs into your favorite drinks?

Experience Six Senses Zighy Bay

GLASS UPCYCLING

Did you know that every unused glass bottle in the resort is given second life in our Earth Lab? Embark with us on this exciting recycling journey and discover the many ways to recycle glass. While you're there create some glass souvenirs to take home!

Essentials:

Come as you are!

Duration:

One hour

Includes:

Recycled glass souvenirs

Seasonality:

Available all year round

Price:

OMR 25 per person

Environment:

Glass bottles take 4000 years to decompose... so reduce, reuse, recycle!

Why not...

Book a dinner in our Wine Cellar before your session and bring your favorite bottle to the Earth Lab afterwards for a memorable surprise!

Experience Six Senses Zighy Bay

SOAP MAKING

Have you ever wondered how is soap made? Join our sustainability team at the Earth Lab and bring out your inner alchemist... make your own soap! Infuse your soap with your favorite scents for your own personal use or make some for your family and friends back home.

Essentials:

Come as you are!

Duration:

One hour

Includes:

Bars of soap for gifting

Seasonality:

Available all year round

Price:

OMR 25 per person

Environment:

Some soaps contain microbeads that are harmful to the environment. So check before you use!

Why not...

Discover other sustainable efforts at Six Senses Zighy Bay through a sustainability tour?

Experience Six Senses Zighy Bay

CANDLE MAKING

At Six Senses Zighy Bay, every drop of wax is precious as we recycle remnant candle wax in our Earth Lab. Want to see how it's done? Connect with your GEM to arrange for a class to make your own scented candles!

Essentials:

Come as you are!

Duration:

30 minutes

Includes:

Scented candles for gifting

Seasonality:

Available all year round

Price:

OMR 25 per person

Environment:

Instead of throwing away your candle remnants, set them aside and melt when in abundant to make a new candle!

Why not...

Dine Beyond the Bay and use one of your handmade recycled candles?

Experience Six Senses Zighy Bay

ZIGHY BAY SUSTAINABILITY INITIATIVES TOUR

Visit Six Senses Zighy Bay's reverse osmosis plant and crystal water refinery, which produces mineralized, water without any carbon footprint.

Essentials:

Comfortable footwear, cap, sun block, and camera

Duration:

One hour

Includes:

Drinking water and plenty of it ...

Seasonality:

Available all year round

Price:

Complimentary

Environment:

Six Senses initiated this to help people who do not have access to clean water. There are about One billion people worldwide right now who do not have access to fresh water, and we would like to help them. With the launching of "Six Senses Wellness Water Initiative" with every sale of our Wellness Water, the profit will go directly to the "Clean Water Projects" to enable people without access to clean water get support.

Why not...

Book a dinner in the private wine cellar and continue the drinking theme and try other liquid amenities with some amazing food.

Experience Six Senses Zighy Bay

HOUSE REEF TURTLE SURVEY

Ever dreamt of becoming a Marine Biologist? This is your chance!

Embark on an over-water journey with our Marine Biologist and try walking (or swimming) in his fins. Follow the leader as you go turtle spotting, learning how to differentiate and recognize them and take a few cool photos for show and tell.

Essentials:

Cap, sunblock, underwater camera

Duration:

One Hour

Includes:

Snorkeling gear

Seasonality:

Available all year round

Price:

OMR 20 per person

Environment:

Plastic is harmful to turtles and their marine friends. Refuse plastic the next time you go shopping and use reusable shopping bags instead!

Why not...

Head to the spa for an After Sun Treatment... your skin will definitely appreciate it!

Experience Six Senses Zighy Bay

TURTLE TALK

Turtles are part of our precious ecosystem here in Zighy Bay. They play a role in preserving our biodiversity.

Because they are our VIPs, our Marine Biologist has prepared a short interactive presentation to share his long acquired knowledge on these fascinating species, as well as what you can do to help protect them!

Essentials:

Curiosity and your thinking cap!

Duration:

One hour

Includes:

Turtle tales

Seasonality:

Available all year round

Price:

Complimentary

Why not...

Take a boat trip out into the Gulf of Oman to see the rest of the marine life that's native to the region.