

THE SPA

TREATMENT MENU

JOURNEY OF NATURAL WELLNESS

2019

RAMUAN JOURNEYS

Along the path of our rainforest spa is a private indoor and outdoor Spa Suite, designed with ultimate pampering and relaxation in mind.

Ideal for one or two persons, the spacious suite is a total sensory experience where our signature journeys take place. Inside are full steam and sauna facilities plus a deluxe bathub where scented flower baths are inviting and picturesque. The outdoor rainforest jacuzzi is superb for zen moments in nature.

All treatments and journeys at The Spa will begin with a soothing and grounding Foot Bath Ritual, using a special concoction of mangrove-sourced ingredients including cajeput, grapefruit, lime and clove.

SEVEN FLOWERS RITUAL 5 HR RM2,570

RAINFOREST FLORAL INGREDIENTS:

YLANG YLANG, MAGNOLIA CHAMPACA, GARDENIA, TUBEROSE, WHITE LOTUS, JASMINE, ROSE

The naturally fragrant floral elixirs offer sensory relief and a return to nature. Unwind a busy mind with this pampering indulgence so you enjoy a renewed sense of well-being and inner peace.

JOURNEY:

Mandi Bunga Flower Ritual | Seven Flowers Body Exfoliation | Relaxing Bath with Spa Refreshments | 60-Minute Relaxing Oil Massage | PHYTO5 Facial | Spa Meal

SEVEN SPICES RITUAL 4 HR RM1,970

RAINFOREST HERBAL INGREDIENTS:

CORIANDER, CLOVE, STAR ANISE, NUTMEG, PEPPER, CINNAMON, CARDAMOM

Earthy and grounding, this tailor-made experience is designed to shed dull energies and encourage a sense of invigorating yang balance to yin energies.

JOURNEY:

Steam | Jacuzzi | Seven Spices Body Exfoliation | 90-Minute Kuat or Relaxing Oil Massage | Spa Meal

DREAMY DUO

3½ HR RM2,350

If pampering is your priority, it's time to dive into the dreamiest of packages where two of our therapists will indulge you with a four-hands, synchronised massage, followed by an energetic PHYTO5 facial, during which a foot and leg massage will be performed using potent, active ingredients. Journey begins with a calming and enriching aromatic salt bath and sauna.

JOURNEY:

Detoxing Bath with Spa Refreshments | Sauna | 60-Minute Four-Hands Massage | PHYTO5 Facial together with Foot Massage | Spa Snack

ESSENCE OF LANGKAWI

3 HR RM1,380

Experience the very best of Langkawi with our transformative spa treatment that begins with full body exfoliation to give your skin a refreshing glow. A luxuriating and relaxing bath follow. Finally, your therapist uses a heated cotton pouch compress filled with fragrant herbal ingredients to expertly perform a tension-relieving massage. The perfect way to feel at one with our beautiful island. (You may choose Urut Melayu - Traditional Malay deep pressure massage - in place of Tungku massage).

JOURNEY:

Body Scrub | Bath with Spa Refreshments | 90-Minute Tungku or Urut Melayu Massage

RAMUAN HARMONY

2½ HR RM1,170

This uniquely revitalising package blends tropical surroundings with holistic practices. Known as the bath of seven fragrances, the Malay traditional Mandi Bunga ritual uses seven different flowers to achieve aromatic bliss while clearing negative energies. A nirvana stress relieving massage follows. Journey continues with a timeless, intensely hydrating facial.

JOURNEY:

Mandi Bunga Flower Ritual | 60-Minute Kuat or Relaxing Oil Massage | PHYTO5 Youthful Algae Treatment

RAMUAN MASSAGES

Our gracious therapists will serve you from the heart so you can luxuriate with a memorable spa experience and true tropical luxury.

TUNGKU MASSAGE	60 MINS	RM520
	90 MINS	RM780

A deeply relaxing treatment, Tungku Batu uses a warmed cotton pouch containing a river stone wrapped together with blended lemongrass, galangal, pepper, cloves, cinnamon, ginger and other healing herbal ingredients. This blend, used by Malay healers for its ability to reduce pain and increase circulation, is heated and applied to muscles and pressure points using the compress pouch.

URUT MELAYU	90 MINS	RM750
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Traditional Malay massage focusing on the urat (meaning 'veins' in Malay) to help improve blood circulation. Strokes directed toward the heart (buka urat) aim to invigorate, while strokes moving away from the heart (tutup urat) are calming. Using our signature blended oils prepared with local herbs, this full-body, deep pressure massage involves long kneading strokes with thumb and palm pressures to encourage healthy blood flow and an overall sense of well-being.

KUAT MASSAGE	60 MINS	RM500
	90 MINS	RM720

Our ever-popular deep-tissue massage is similar to a sports massage and an effective way to loosen tight areas, release toxins and improve circulation and recovery time.

RELAXING OIL MASSAGE	60 MINS	RM500
	90 MINS	RM720

A gentle, flowing treatment designed to soothe muscles, allowing the therapist to focus on areas of tension and stress to bring a sense of harmony and inner calm after a long journey.

SEDERHANA MASSAGE

60 MINS RM450

90 MINS RM650

An oil-free massage that consists of deep acupressure-style massage using palms, thumbs, feet and legs, with a series of graceful stretches. We will provide you with comfortable pyjamas while the massage is performed.

BACK & SHOULDER MASSAGE

30 MINS RM260

60 MINS RM500

Ideal for relieving tense areas of the back, neck, shoulders and head using remedial-style deep tissue massage. To be enjoyed on its own or in addition to another treatment, this massage will leave you feeling light and stress-free.

FOOT REFLEXOLOGY

60 MINS RM450

Beyond the feel-good effects, the practice and purpose of foot reflexology goes deeper than the skin and muscles by taking specific reflex points on the foot to induce a healing response in corresponding organs and areas of the body.

FOUR HANDS MASSAGE

60 MINS RM800

90 MINS RM1,150

Two therapists will work together to perform a full-body synchronised oil massage designed to relieve stress from aching muscles and tense areas of the body.

RAMUAN BODY SCRUBS

An exfoliating scrub helps your skin look smoother and more youthful and is important in helping remove dead skin cells, release excess toxins and unclog pores, as well as moisturising and reviving the skin.

RAINFOREST SEVEN FLOWERS BODY SCRUB

60 MINS RM420

A moisturising and hydrating exfoliation with the seven flowers of ylang ylang, champaca, gardenia, tuberose, white lotus, jasmine and rose.

RAINFOREST SEVEN SPICES BODY SCRUB

60 MINS RM420

A spicy, rejuvenating body polish with coriander, clove, star anise, nutmeg, pepper, cinnamon and cardamom, to stimulate circulation and detoxification.

MANGROVE BODY SCRUB

60 MINS RM420

A revitalising and uplifting exfoliation with the detoxifying properties of mangrove activated carbon, mangrove sugar and cajeput leaves.

SEA PEARL & SEAWEED BODY SCRUB

60 MINS RM420

A skin-brightening and renewing antioxidant body polish with seaweed, pearl and rice.

RAMUAN POST-SUN

Moderate sun exposure stimulates the synthesis of vitamin D, which is necessary to bond calcium in bones, and for the secretion of melatonin, a known antidepressant. However, excessive exposure can have harmful effects on the body.

ALOE VERA HEALING WRAP 60 MINS RM470

A special anti-inflammatory post-sun care wrap with aloe vera, cucumber and lavender, known for their hydrating, healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

HAND, NAIL AND FOOT CARE

PEDI:MANI:CURE STUDIO BY BASTIEN GONZALEZ

Bastien Gonzalez is an internationally renowned French podiatrist, well-known for his unique approach to foot treatments. He has designed and developed these exclusive and multi award-winning treatments.

BASTIEN'S PEDICURE 60 MINS RM520

A holistic pedicure including gentle buffing to restore natural beauty and shine to the nails. This treatment eliminates hard skin and dryness, and finishes with a "toes to knees" massage, relieving any muscle tension and heaviness.

BASTIEN'S MANICURE 45 MINS RM390

An exceptional manicure in three steps: a cuticle and nail treatment, a natural beauty finish to the nails, and a thorough massage of the forearms, wrists, hands and fingers.

BASTIEN'S DUO TREATMENT 75 MINS RM780

This synchronised four-hand treatment focuses on your feet, legs, hands and arms, offering the ultimate in manicure and pedicure luxury for total relaxation.

NAIL BRIGHTNESS 45 MINS RM380

A foot treatment focusing on the beauty of nails and cuticles with light smoothing of skin dryness. Nails are reshaped and buffed with chamois leather and a pearly buffing cream to restore natural beauty and shine, followed by a relaxing foot massage.

FOOT REFOUNDATION 35 MINS RM290

A truly relaxing massage from the toes up to the knees, ideal for legs tired after a long flight. A preliminary exfoliation performed with the Black Diamond Scrub eases the penetration of the cream used during the massage, thereby optimising the effects of its active ingredients.

GLOBAL MASSAGE REFOUNDATION 35 MINS RM400

A soothing, synchronised four-hands massage that focuses on toes to knee, and fingers to elbow. Creates a light sensation, relieving legs and arms from muscle tension and heaviness. The well-being lies in two points: skin elasticity and optimum mobility.

FRENCH COLOUR TOUCH 30 MINS RM180

A white line is applied on the nails tip, followed by natural soft pink laquer to the whole nail resulting in the perfect French paint. Includes nail reshaping.

COLOUR TOUCH 30 MINS RM160

Select your preferred colour from our range of lacquers, which are free of formaldehyde, toluene, DBP and camphor to prevent any damage to the nail. Includes nail reshaping.

PARAFFIN TOUCH 20 MINS RM180

Intensify any Bastien Gonzalez treatment with the warmth of this silky wax which aids the penetration of moisturisers applied to the skin for deep hydration while easing joint and muscle tension.

BLACK DIAMOND SCRUB TOUCH 10 MINS RM80

Elevate your pedicure or manicure with the Black Diamond Touch. This mineral foaming scrub permits a vigorous natural exfoliation, aiding the removal of dead skin cells to leave skin smooth and silky. Essential oils of thyme and sage contribute to maintaining healthy and elegant feet and hands.

HOLISTIC SKINCARE

FACIAL TREATMENTS CUSTOMISED BY PHYTO5

PHYTO5 Swiss expert skincare products are formulated with natural essential oils and plant extracts. Their unique products balance vital energy while incorporating a philosophy, a method, and a lifestyle approach to skincare.

HOLISTIC HARMONY 90 MINS RM700

Reach a higher level of wellness and enhance your natural intrinsic beauty through this harmonising face treatment including:

- Colour therapy to enhance your personal emotional state
- Quantum certified serums to balance the energy of you skin and body
- Bio-stimulation of your feet and hands to nurture your body's self-healing

THE LANGKAWI ORIGIN 60 MINS RM520

The dreamy treatment helps you adapt to the Langkawi time zone, climate and energy. Recalibrate and reconnect with your mind, body and vital energy in perfect harmony. Treatment includes:

- Quantum abdomen massage to release emotions
- Quantum face and scalp massage
- Energetic stimulation of the feet and hands

THE FOUNTAIN OF YOUTH 60 MINS RM520

Experience a lasting glow and a radiant complexion with a deeply hydrating quantum face treatment adapted to your skin. Treatment includes:

- Energetic drainage designed to purify your skin
- Reviving eye contour treatment
- Serenity algae mask to soften fine lines and wrinkles

RAMUAN BATHS

Superb on their own or as an add-on to any a-la-carte treatment, we designed these Ramuan baths with total relaxation as inspiration. Refreshing, iced ramuan tea will be served.

REJUVENATING BATH 30 MINS RM250

Uplift the senses with this antioxidant bath enriched with herbs such as ginger and cucumber, which are rich in Vitamin C and nutrients to brighten dull skin.

DETOXING BATH 30 MINS RM250

An all-time favourite for centuries, calm your senses with an aromatic salt bath. Citrus fruits are added for extra zest.

RELAXING BATH 30 MINS RM250

Infused with indigenous local flowers, feel your mood lighten up with this fragrant, insta-zen indulgence.

JUNIOR SPA FOR CHILDREN AND TEENS

We believe that everyone can benefit from receiving spa treatments, including children. Junior Spa treatments are specifically designed for kids and young adults, and products have been carefully selected to ensure that they are perfect for their skin.

MINI MASSAGE (AGES 6-12) 30 MINS RM280

A soothing, full body massage using hydrating organic coconut, blended with kid-friendly scents so you are ready for your next rainforest adventure in no time!

TEEN PAMPERING (AGES 13-18) 45 MINS RM320

A rejuvenating teen-designed massage to soothe tired muscles. Whether after an indoor or outdoor workout, or just chilling on the beach, refresh your body with this wonderfully relaxing massage.

JUNIOR PEDI:MANI:CURE

by Bastien Gonzalez

for ages 15 years old and below

BASTIEN JUNIOR PEDICURE 45 MINS RM350

A foot treatment for children, focusing on the beauty of nails and cuticles with light smoothing of skin dryness. Nails are reshaped and buffed to restore natural beauty and shine, followed by a relaxing foot massage.

BASTIEN JUNIOR MANICURE 30 MINS RM233

This exceptional manicure for kids includes three steps: a cuticle and nail treatment, natural beauty finish to the nails, and a thorough massage of the forearms, wrists, hand and fingers.

COLOUR TOUCH 30 MINS RM160

Select your preferred colour from our range of lacquers, which are free of formaldehyde, toluene, DBP and camphor to prevent any damage to the nail. Includes nail reshaping.

SPA ETIQUETTE

BOOKINGS

The Spa is open from 10.00 to 21.00 daily.

To ensure that we reserve your appointment at your preferred time, please make reservations in advance through the spa extension on your room phone, or visit us at The Spa. Outside of operating hours, you may dial ext 0 for the operator.

CANCELLATIONS

At least 6 hours notice is required to cancel an appointment. There is a 50% charge for cancellations within 6 hours of the scheduled appointment time. For cancellation within 2 hours of the treatment, the full cost will be charged.

ARRIVAL

We recommend arriving 15 minutes prior to your reserved appointment in order to complete your lifestyle consultation form and take time to relax in the tranquil surroundings of our spa before your treatment.

AMBIENCE

The Spa is a sanctuary of peace and harmony. To preserve The Spa's tranquil environment, we respectfully request that you leave all mobile phones and electronic devices switched off.

VALUABLES

We advise you not to bring or wear valuables whilst using our spa facilities. While we endeavor to take care of your belongings, we do not assume liability for any loss of or damage to personal articles.

WHAT TO WEAR

We provide a sarong, robe and pair of slippers, plus any items you need for your reserved treatment at The Spa. For your comfort, disposable undergarments are provided before the start of your treatment. Our therapists are highly trained in proper draping procedures for your complete privacy.

AFTER YOUR TREATMENT

It is important to drink a lot of water before and after your treatment. We recommend that you do not sunbathe after any massage or body treatment.

SPECIAL CONSULTATIONS

Most treatments can be adapted to accommodate illness, injury or pregnancy. Please communicate health matters or any health-related concerns you may have, when making your reservation.

AGE REQUIREMENTS

All persons under the age of 18 must have a parent or legal guardian complete a health assessment form and children's wellness waiver. Parents and/or guardians of all persons under the age of 18 will be asked to remain at or close to treatment villa in case your child would like to see you during the treatment. For private (one-to-one) treatments with children below 13 years, we request that the parent or guardian be present in the treatment villa at the time of service. You may choose to schedule a couples/duo massage together or quietly observe the treatment.

SPA BOUTIQUE

To continue your spa regime and experience at home, our signature AKAR retail range (meaning 'roots' in Malay), as well as Bastien Gonzalez and PHYTO5 professional products used within your treatments, are available for purchase by the spa reception.

The Datai Langkawi

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