

ASK FOR YOUR CUSTOM MASSAGE & TREATMENT

The delight in the human spirit is at the core of a stay at ORIGINS.

Our expert massage therapists will help you relieve stress, detox your skin and improve your overall circulation with one of our signature massages.

Choose from either a warm bamboo massage, a relaxing seashell massage or our hot stone massage, in the location of your choice.

REIKI

Reiki is the Japanese technique that is used to heal physical and mental trauma, and to support mental clarity and spiritual well-being.

It raises awareness in and around the physical body where negative thoughts and feelings are contained.

Reiki is a simple, natural and safe method of spiritual healing and self-improvement that everyone can use.

BAMBOO MASSAGE

A vigorous massage that will fill your body up with energy.

The organic silica covering the bamboo outer cell walls is an essential element for maintaining the integrity and health of the skin, ligaments, tendons and bones.

This type of massage also reactivates blood circulation, increases joints and muscles flexibility and stimulates cellular activity to repair and intensely nourish the skin.

CRANIAL SACRAL THERAPY

Cranial sacral therapy is a gentle, noninvasive form of bodywork that addresses the bones of the head, spinal column and sacrum.

Cranial sacral therapy seeks to restore the natural position of the bones. The goal is to release compression in those areas which alleviates stress and pain from chronic injuries as well as providing relief from migraine headaches, neck and back pain, temporomandibular joint disorder.

RELAXING MASSAGE

A relaxing massage stimulates sensory nerve endings in the skin, which cause the brain to release endorphins, the body's natural painkillers, feel-good chemicals that create a sense of well-being.

A relaxing massage is the perfect choice for someone who is getting a massage for the first time, or someone who just want to bring their stress level down.

HOT STONE MASSAGE

This geothermal therapy combines the traditional massage techniques with the technique of using heated stones collected from the volcanoes that surround our lodge.

This warming treatment will relax and ease away tense muscles. It also improves circulation and liberate toxin, so the energy can flow throughout the body to heal any physical and emotional disorders.

SEASHELL MASSAGE

A greatly enjoyable massage that it's a holistic approach to relaxation and mental and physical health.

This type of massage places heated seashells on your tired, achy muscles and joints to relax your body and promote healing and rejuvenation.

It exfoliates your skin while it warms your muscles and joints; aligns our five senses promoting a detox effect.