

PLAYITAS LUNCH MENU

THE FRESHEST

- Mixed Greens** **GF** **R** Lettuce, cherry tomatoes, heart of palm, cucumber, mango dressing. Served with yucca chips
+ free-range chicken; bacon; yellowfin tuna; Pacific shrimp
- Tropical Salad** **GF** Carrot, cherry tomato, zucchini and seasonal fruits in passion fruit dressing
- Smoked Beet Salad** **GF** Avocado, dill, watermelon, goat cheese, Dukkon (spice blend)
- Breaded Shrimp Salad** **GF** **R** Potato, carrot, green beans, red onions, sweet corn, quinoa, roasted red bell pepper dressing
- Risotto and Plantain Croquettes** Portion of 6, served with herb sauce and homemade red fruits sauce

SANDWICHES, WRAPS & BURGERS

- Chicken Club Sandwich** **GF** **R** Grilled free-range chicken breast, tomato bread, smoked bacon, lettuce, tomato, onion
- Pork Loin Sandwich** **GF** **R** Smoked and cured, served in orange and multigrain bread with lettuce, tomato, onion
- Lightly Spiced Tuna or Chicken Wrap** Avocado, tomato, mango, pineapple, homemade spicy sauce
- Veggie Wrap** Breaded cheese, crushed red beans, tomato, red onion, sour cream, lettuce, tortilla chips + free-range chicken
- Vegetarian Burger** **GF** **R** Lentil and yucca patty, mixed greens, tomato and breaded cheese
- Tuna Burger** **GF** **R** Sesame seed bun, grilled pineapple, lettuce, tomato, onion and tartar sauce
- Playitas Beach Burger** **GF** **R** 8 oz. Grass-fed beef, sesame seed bun, bacon, cheddar cheese, lettuce, tomato, onion
- All sandwiches, wraps and burgers include a side of salad, vegetables, French fries or fresh fruit

SEAFOOD

- Catch of the Day Ceviche** **GF** Lime juice, red bell peppers, red onion and cilantro
- Shrimp Ceviche** **GF** Mango, jalapeño, red onion, lime juice, ginger and roasted sweet corn
- Tuna Poke** **GF** **R** Avocado, ginger, Asian dressing, sesame seeds, mixed vegetables



FAVORITES

- Chef's Special** Ask your server for the daily special
- Mahi Mahi Gallos** **GF** Corn tortilla, salsa verde, sour cream, avocado and pico de gallo
- Catch of the Day** **GF** **R** Breaded or grilled herbed butter or tartar sauce. Choice of two sides: vegetable skewers, Caribbean rice'n'beans, French fries or green salad
- Beef Tenderloin Skillet** **GF** Served with coconut rice, pico de gallo and guacamole
- Shrimp Pappardelle** Roasted shrimp, sautéed cherry tomatoes, white wine and butter sauce
- Arroz con Pescado** **GF** Local spices, pico de gallo and homemade corn tortillas
- Vegetarian Pita Sandwich** Served with peach palm hummus, mixed greens, grilled tomato, avocado and asian dressing
- Pizza Margherita** **GF** **R** Fresh mozzarella cheese, tomato and basil
+ ham; mushrooms; grilled vegetables; prosciutto; red bell peppers; pineapple
- Quesadilla** Sautéed vegetables, mozzarella cheese, guacamole, sour cream and pico de gallo
+ free-range chicken; grass-fed beef; Pacific shrimp

SNACKS

- Trio de Patacones** **GF** **R** Crushed beans, fresh cheese and choice between chicken and beef
- Homemade Chips** **GF** **R** Green plantain and corn tortilla, guacamole and pico de gallo
- Nachos** **GF** **R** Melted cheddar cheese, pico de gallo, guacamole and sour cream + free-range chicken
- French Fries**

KIDS MENU

- Pizza Margherita** **GF** **R** Fresh mozzarella cheese, tomato and basil + ham + mozzarella cheese
- Macaroni and Cheese** | **Arroz con Pollo** **GF** | **Spaghetti** Butter & parmesan cheese - or - tomato sauce + meatballs
- Dishes with sides:**
- Chicken or Fish Fingers** **GF** **R** | **Cheeseburger** **GF** **R**
- Breaded Chicken Filet** stuffed with ham and cheese | **Fish Filet** **GF** Grilled or breaded
- Choose one side:** Rice, vegetables, French fries, fruit, mashed potato, broccoli