

Spa Menu



WELCOME TO AYANA SPA

Experience a bold new feel in luxury wellness, where Island fluidity leads you into a warm, tropical cocoon of self-discovery and indulgence.

Explore a heightened sense of mind and body balance, with an exotic menu of holistic treatments designed to bring out the very best in you.

Must-try signature therapies are inspired by Komodo's astounding beauty and natural ingredients, as well as the resort's romantic sailing phinisi.

AYANA SPA offers five refreshing treatment rooms, including a special couple's suite with bathtub. We have a dedicated manicure pedicure space to make sure your toes and nails are buffed to perfection. Ladies and gentlemen should feel to relax in adjacent locker rooms.

Add a touch of soul to your personal spa journey and find deeper meaning in the art of wellness at AYANA SPA.

Opening Hours: 11:00 - 22:00 | SPA - 4th floor



BODY MESSAGES

Your fatigued body will be forever grateful, feeling rejuvenated by this incomparable massage experience.

Waecicu Massage

Massage with aromatherapy herbal balm to calm your spirit, using a combination of Balinese long strokes and Hawaiian lomi-lomi technique to eliminate stress and increase lymphatic drainage.

Balinese Massage

A deep tissue massage that employs age-old Balinese techniques to relieve even the most stubborn knots in your body.

Shiatsu Massage

Shiatsu is perfectly designed for guests who shy away from using massage oils during their treatments. Asia's most famous form of therapeutic bodywork, Shiatsu is a non-oil massage, which uses the varied techniques of kneading, pressing, tapping, and stretching to relieve stress, stimulate the nervous system, aid digestion, and reduce muscle stiffness.



AYANA Fusion

Steamed herbal pouches containing AYANA's fresh herbal blend of three healing gingers reputed for their healing and rejuvenating properties are used to relax tight muscles making way for the long, flowing, deep tissue strokes, acupressure and gentle stretching techniques that follow.

Inielika Stone Massage

Smooth, flat basalt stones work as natural energy conductors when heated to induce natural flow across the body's meridians. Rich iron content absorbs the heat, infusing tired muscles and cellular blockages with deeply healing properties. Your therapist intuitively places just the right heated stone on specific points along your spine, on the back of your neck, and resting in your palms. Experience a deeply calming sense of well-being that naturally reduces anxiety, minimizes jet lag, relieves pain, and leaves you feeling invigorated the next day after a dreamy night's sleep.

Foot Massage

An ancient Egyptian, Chinese and Indian therapy focusing on reflex points in the feet to improve blood circulation and ensure long, healthy life.



BODY TREATMENT

Realize your dream of attaining smooth baby skin with a selection from our body wrap or scrub menu.

Island Heritage

This splendid 75-minute treatment showcases the powerful and exotic ingredients of Bali's island lifestyle. Our hand-crafted volcano mud mask nourishes skin and detoxes with Neem & Patchouli essential oil. After a full body wrap, a relaxing Balinese massage continues to moisturize, re-invigorate circulation and promote a delicious sense of well-being through gentle detoxification.

Bajawa Coffee Treatment

Reveal your smoothest, softest skin ever with the aromatic goodness of Flores Island's traditional coffee ritual. Polish your skin to perfection with fine Indonesian coffee powder, also known to stimulate cell renewal, act as an anti-inflammatory, and promote deep cleansing. Nourishing antioxidants protect skin from the harmful effects of pollution and free radicals. After your scrub, the pampering continues with a relaxing deep tissue body massage. Balinese techniques and aromatherapy oils work together to effectively release tension, relieve stubborn knots, and encourage healthy circulation from head to toe for the ultimate island glow.

Lako Di'a Escape Couple

The perfect spa getaway for just the two of you in our private couples treatment suite with soaking bathtub. Celebrate life to the fullest with four memorable treatments, starting with a traditional foot wash ritual to set the tone. Depending on your mood and skin type, choose a full body scrub with natural island ingredients for gentle exfoliation, or a soothing aloe vera body mask to deeply moisturize dehydrated skin. Take a moment to count your blessings with a rich milk or herbal bath to rehydrate and infuse with vitamins and minerals. Lastly, your fully relaxed body sinks even deeper into transformative tranquility during your choice of signature, 60-minute massage including Waecicu Beach, Balinese, or Shiatsu.



FACIAL

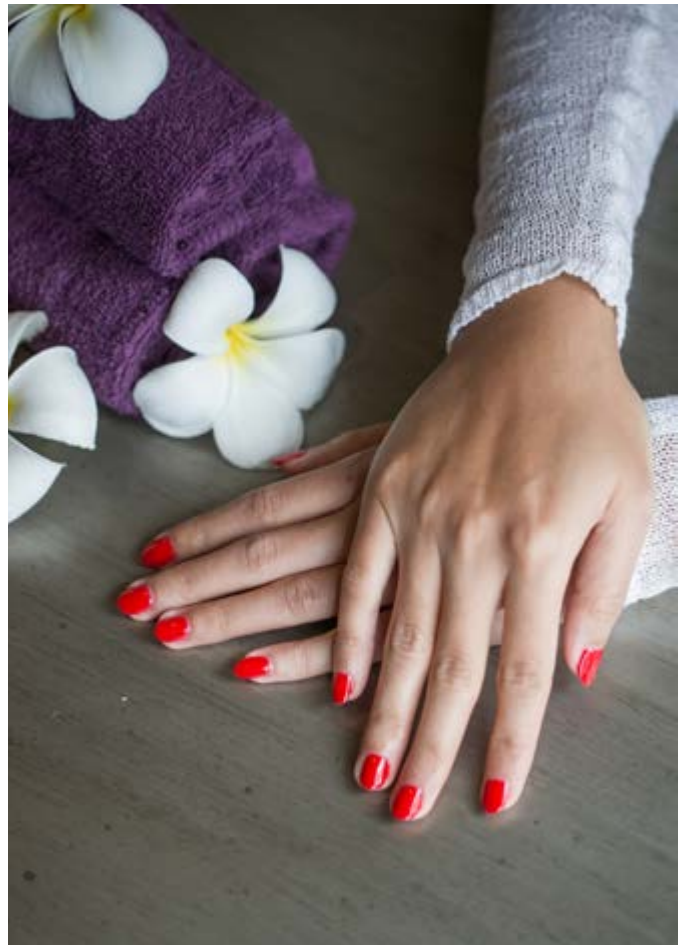
Obtain the skin you've always dreamed of with luxurious ingredients and expert techniques.

Collagen Facial

Marine collagen with protective anti-pollutant properties helps to regenerate, moisturize and restore skin elasticity, leaving it soft and radiant.

AYANA Facial

A refreshing, organic and all-natural facial using nature's best ingredients, such as fresh yogurt, oatmeal, honey and egg whites.



Nail Treatment

There's nothing quite like a fresh manicure and pedicure to put a little spring in your step and show off your personal style. Choose from a natural or glamorous selection of manicure or nail color to customize your holiday experience.

SPA ETIQUETTE & POLICY

ARRIVING EARLY

Please arrive at least 15 minutes prior to your scheduled treatment time. Arriving late will shorten your spa treatment. Remember, your treatment must end on time to prevent further delays, regardless of how late you start.

MINORS

Spa guests must be 17 years of age. Proof of age may be required.

SMOKING AND ALCOHOL

Smoking and alcoholic beverages are not permitted in the spa. It is recommended that you refrain from consuming alcohol within 8 hours of your treatment.

RESPECT FOR OTHER GUESTS

Our spa environment is one of tranquility and relaxation, so please respect the right to peace and privacy for other spa guests. The use of cellular phones and electronic devices is prohibited within the spa.

CANCELLATION POLICY

A minimum of 24 hours notice for cancellations or change of appointment is required to avoid being charged in full for any scheduled appointment, program, or service which is not attended.

IN-ROOM TREATMENTS

Treatments may be provided in guest rooms or suites at an additional charge of Rp.380,000++ per person, subject to availability. Last reservation is at 18:00.

PAYMENT

Pursuant to Bank Indonesia Regulation No.17/3/PBI/2015, we are only authorized to receive cash payments in Indonesian Rupiah.

For information and reservation, please dial extension #48

SPA PRICE LIST

BODY MESSAGES

Waecicu Massage

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|------------|----------------|
| 75 minutes | Rp 1,800,000++ |
| 50 minutes | Rp 1,350,000++ |

Balinese Massage

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|------------|----------------|
| 75 minutes | Rp 1,800,000++ |
| 50 minutes | Rp 1,350,000++ |

Shiatsu Massage

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|------------|----------------|
| 75 minutes | Rp 1,800,000++ |
| 50 minutes | Rp 1,350,000++ |

AYANA Fusion

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|------------|----------------|
| 90 minutes | Rp 2,775,000++ |
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Foot Massage

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|------------|----------------|
| 50 minutes | Rp 1,125,000++ |
| 30 minutes | Rp 750,000++ |

Inielika Stone Massage

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|------------|----------------|
| 75 minutes | Rp 2,055,000++ |
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BODY TREATMENT

Island Heritage

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|------------|----------------|
| 75 minutes | Rp 2,025,000++ |
|------------|----------------|

Bajawa Coffee Treatment

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|------------|----------------|
| 90 minutes | Rp 2,085,000++ |
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Lako Di'a Escape Couple

| | |
|-------------|------------------------|
| 135 minutes | Rp 6,750,000++/ couple |
|-------------|------------------------|

FACIAL

Collagen Facial

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|------------|----------------|
| 75 minutes | Rp 2,625,000++ |
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AYANA Facial

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| 60 minutes | Rp 1,350,000++ |
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NAIL TREATMENT

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|----------------------------|--------------|
| Manicure 60 minutes | Rp 570,000++ |
| Pedicure 60 minutes | Rp 690,000++ |
| Hand Coloring 30 minutes | Rp 225,000++ |
| Foot Coloring 30 minutes | Rp 270,000++ |

All prices are subject to 10% service charge and 11% government tax. Prices may change without notification.





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