



‘LONGEVITY’ GENOMIC TESTING

Genomic testing looks at the ways in which your genes interact and how those interactions can affect your health, as well as the health of your offspring. For example, you may have a genetic predisposition for conditions such as Alzheimer’s, diabetes, cancer or heart disease. Testing provides insight, and the opportunity for proactive management of your health and family planning.

Our genomic wellness specialist will review your test results with you and help devise a suitable approach to your wellness goals.

You can book and take the test at any point during your stay; the results will be returned within 3-4 weeks. Your consultation can be arranged to suit your schedule, including online or during your next visit.

Please note that this package does not diagnose disease, it merely indicates susceptibility.

BENEFITS OF THIS TREATMENT:

Comprehensive report includes:

- The genetic efficiency for vitamin, mineral, toxin, and hormone metabolism
- Your ideal proportion of proteins, carbohydrates and fats
- Your most suitable type of exercise
- Your metabolism and ease in losing weight
- Your ideal sleep regimen
- Your ideal skin regimen
- Susceptibility to specific chronic diseases
- Inheritable diseases that can be passed on
- Drug metabolism to guide potential treatment choices
- Sensitivity to allergens and pollutants

PRECAUTION:

Genomic testing is not meant to be diagnostic of any health condition. Instead, genomic tests can reveal potential genetic tendencies which can be used to complement your wellness programmes. Due to the sensitive nature of genomic testing for genetic predispositions and risk assessment for chronic disease, test results must be reviewed with a qualified specialist.

Genomic testing does not replace the advice of your physician.

Price THB 60,000++ per person
Includes: testing, consultation and reports

For more information or bookings, please contact the Health & Wellness reception.
The above rates are subject to 17.7% VAT and service charge.