

ANASSA

ROYAL TREATMENTS



WELLNESS SPA MENU

Treat Yourself Like Royalty

POWERED BY

ELEMIS





ELEMIS is the pioneering British skincare and spa brand that treats over 6.5 million people each year and has the single largest influence on trends and developments in the global skincare and spa industry. The successful combination of powerful natural ingredients, cutting-edge formulation technology and proven clinical trials has enabled ELEMIS to bring to market some of the most influential anti-ageing skincare products and professional spa therapies the beauty industry has ever seen. Your skin, your body and your wellness lie at the heart of ELEMIS. ELEMIS Therapists harness the power of nature and science to create ground-breaking formulations that genuinely transform your skin. ELEMIS scientifically controls every aspect of product formulation, ensuring quality, efficacy and exceptional integrity. From the seeds chosen and the type of soil used, to the selection of extraction process, ELEMIS ensures that all formulations have maximum therapeutic activity. Sublime sensory. Personally prescribed. The experience is exceptional; the results are real.



ELEMIS FACE TECHNOLOGY MEDI-SPA CORNER

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the ELEMIS BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. Clinically proven results for a thriving, visibly healthy and energised skin.

ANTI-AGEING

ELEMIS BIOTEC Line Eraser

60mins/90mins - €130 /€190

Wrinkles are targeted with firming and toning microcurrent pulses to stimulate the skin cells towards dynamic functionality. Circulation is improved, increasing the production of collagen and elastin, whilst the dermis is flooded with super Hyaluronic hydrating activators, sealed with a re-energising Amber balm. Red and blue light therapy warms and de-stresses the skin whilst a blast of oxygen delivers a breath of fresh air, effectively ironing out wrinkles and filling in lines.

A powerfully rejuvenating facial treatment.

ELEMIS BIOTEC Firm-a-Lift

60mins/90mins - €135 /€195

Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting technology. Circulation stimulating Arjuna, Gardenia stem cells and Alaria Esculenta Seaweed are activated by microcurrent pulses to tighten slackening skin. Galvanic currents infuse the skin with bio-active formulas that hydrate and tone. The extra-cellular matrix of the skin is visibly strengthened, restoring elasticity and tenacity for a contoured complexion that is remarkably lifted.

ELEMIS BIOTEC Skin Resurfacer

60mins/90mins - €110 /€170

This revolutionary resurfacing facial addresses skin tone, blemishes and fine lines to transform the texture of the skin.

The ultrasonic peel reveals a noticeably smoother complexion using a combination of Lactic and Hyaluronic acids, Sandalwood, Thyme and Lemon oils. Steam and extraction deeply cleanse and detoxify before massage and light therapy restores equilibrium. Wrinkles and fine lines are reduced to leave a complexion that has never been softer or smoother.



SKIN SOLUTIONS

ELEMIS BIOTEC Radiance Renew

60mins/90mins - €110 /€160

A powerful antidote for dull and tired skin, this cellular-boosting treatment targets sluggish complexions.

The ultrasonic peel pumps vibrational energy into the skin to exfoliate and stimulate the removal of impurities and dead skin cells, while the Galvanic rejuvenating current harnesses the power of Elderberry and Orange flower extracts to restore moisture and vitality. Skin is left profoundly reinvigorated. Instantly clearer, visibly brighter and radiant.

ELEMIS BIOTEC Blemish Control

60mins/90mins- €110 /€140

A deep cleansing facial that detoxifies the skin and repairs damaged tissue.

This treatment uses ultrasonic vibration, massage, steam and galvanic currents to thoroughly decongest and exfoliate.

A powerfully anti-oxidant, anti-bacterial activator containing Salicylic acid and inflammation-reducing Iris soothes and smoothes while light therapy helps balance and clear the complexion, speeding up recovery.

ELEMIS BIOTEC Sensitive Skin Soother

60mins/90mins - €110 /€160

The anti-redness treatment that calms and soothes sensitive skin. Using an activator rich in Frankincense and natural anti-inflammatory Willowherb, the skin is infused with oxygen to encourage cellular restoration, perfect balance and structural strength. Red light therapy operates in harmony with calming anti-oxidants to improve cell communication and the skin's natural ability to repair itself. The result is serene, smooth and sensational.



ELEMIS FACE TOUCH ANTI-AGEING

Our globally renowned hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive actives. Each active product is applied using a combination of ancient and modern massage techniques from around the world. The hands of a highly trained ELEMIS Elite therapist are profoundly effective anti-ageing tools.

This is where intuition meets expertise.

ANTI-AGEING

LINES & WRINKLES & HYDRATION

ELEMIS Pro-Collagen Age Defy

60mins - €130

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourishes, younger looking skin.

SAGGING & DOUBLE CHIN & LOSS OF ELASTICITY

ELEMIS Pro-Collagen Definition Lift and Contour

60mins - €130

Powered by breakthrough technology targeting sagging jowls, cheeks and jawlines, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in Edelweiss and Tiger Grass help support the extra-cellular matrix. The structure of the skin is boosted through a unique, deep, muscle toning massage from the scalp to the décolleté. The skin appears plumper and revitalised, creating profound sculpted, youthful effect.

UNEVEN SKIN TONE / ROUGH SKIN / ACNE-PRONE

ELEMIS Dynamic Resurfacing Precision Peel

30mins/60mins - €70/€130

This highly potent couture resurfacing treatment targets the signs of aging and dull, tired, uneven skin tone. Specifically designed to work in conjunction with your skin's unique structure, this pioneering precision layering protocol uses three layers of enzymes to nibble the dead skin away, revealing extraordinary results. This system delivers powerful exfoliation and renewal for smoother, younger looking skin. A new start for new skin that has never looked better.



SKIN SOLUTIONS

RADIANCE / DULL SKIN / PRE-OCCASSION

ELEMIS Superfood Pro-Radiance

30mins/60mins - €60/€110

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

CALMING / REDNESS / IRRITATION

ELEMIS Sensitive Skin Soother

30mins/60mins - €60/€110

Fragile skin needs special attention. A subtle, calming massage technique is used to help reduce the appearance of redness and strengthen the top layer of a delicate skin, protecting against daily stresses. The soothing properties of Moroccan Rose, Chamomile and Apricot are combined to gently cleanse and exfoliate, whilst the deeply nourishing Neroli mask leaves skin nurtured and comforted. Texture and tone are dramatically restored. Moisture levels are boosted. Skin is left supremely calm and confident.

DEEPLY CLEANSING /BALANCE / MATTE EFFECT

ELEMIS Anti-Blemish Mattify and Calm

30mins/60mins - €50/€95

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.



ELEMIS MEN

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

FACE

FACE TECHNOLOGY

ELEMIS BIOTEC Super-Charger for Men

60mins/90mins - €125/€180

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism.

A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results. A multi-tasking, time efficient solution.

FACE TOUCH

ELEMIS High Performance Skin Energiser

30mins/60mins - €60/€110

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes.

An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. It maximises cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massage deeply relax. Finally the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.

BODY

BODY FAVOURITES

ELEMIS Freestyle Deep Tissue Massage

30mins/60mins/90mins - €65/€110/€140

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

As effective as an hour's stretching, but so much more nurturing.



BODY

High performance therapies to relax and recharge. Powerful Massage sequences, inspired from all around the world, expertly combined to offer you a unique and transformative experience.

MASSAGE

ELEMIS Freestyle Deep Tissue Massage

30mins/60mins/90mins - €65/€110/€140

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As effective as an hour's stretching, but so much more nurturing.

ELEMIS Garden of England Rose Restore Relaxing Massage

60mins/90mins - €120/€150

Take a walk in an English garden with this lavishly hydrating body massage. The unique Life Elixirs Essences that have been designed to be used in this extremely relaxing massage, will bring everything back to the potency of modern aromatics. Each Essence has been designed for a different mood, enabling this massage to be tailored to your needs. You may choose one of the

following Life Elixir Essences:

Calm: a soothing blend, helps you to find your inner peace.

Clarity: an uplifting blend, helps you to invigorate your sense of self

Fortitude: an empowering Blend, makes you feel grounded and strong to the core

Embrace: a serene blend, to ignite your senses

Sleep: a deeply relaxing blend, to let your mind and body restore itself



ELEMIS Hot Mineral Body Boost Energising Massage

60mins- €120

A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

ELEMIS Deeper than Deep Hot Stone Massage

30mins/60mins/90mins - €75/€125/€150

Balinese stones bathed in the Frangipani Monoï Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.

ELEMIS Peaceful Pregnancy Massage

75mins - €120

This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

ELEMIS Frangipani Head & Scalp Massage with Hair Treatment

45mins - €60

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.

We can either make you float like a butterfly or sting like a bee. You choose.

Added bonus the amazing Frangipani Monoï Hair & Scalp Mask.



ELEMIS BODY WRAP & SCRUBS

Drift away whilst you are cocooned in a comforting wrap or cleanse with a salt scrub.
All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.

NOURISH

ELEMIS Body Nectar Nourishing Wrap – Sweet Orchid or Frangipani

60mins - €80

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

BODY EXFOLIATION

ELEMIS Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani

40mins - €50

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells.
It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.



BODY DETOX

ELEMIS Thousand Flower Detox Wrap

60mins - €80

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

ELEMIS Cellutox Aroma Spa Ocean Wrap

75mins - €90

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

BODY TIGHTEN & RE-SHAPE

ELEMIS Targeted Toning Tightener

30mins/90mins - €60/120

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed. (You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)



ADD-ONS

* Can be added to any Body Treatment or Massage

TOUCH

ELEMIS Feast Your Eyes Add-On Treatment

15mins - €30

Give puffy eyes their marching orders with this instantly reviving eye treatment.

A warm Rosewood compress, and intensive eye mask rehydrate, soothe and lift, while you zone out with a de-stressing hand & arm massage. See the world through new eyes.

ELEMIS Peptide4 Skin Synchronizing Booster Facial

30mins - €45

Recover Like Clockwork, with this Express facial treatment empowered with the ELEMIS Peptide 24/7 range.

Peptide4 products work around the clock to help keep skin in sync, ensuring each vital process is carried out to optimum effect. The result? Skin that looks well-rested, radiant and beautiful, 24/7.

TECHNOLOGY

BIOTEC Eye Treatment

30mins - €50

The eye area is a tricky customer (not like you) – delicate but lazy. ELEMIS BIOTEC technology is refined enough to gently stimulate and tighten without disturbing the fragile skin. Let us put stars in your eyes.

BIOTEC Neck Treatment

30mins - €50

Make sure your neck is running a tight ship with this targeted toning treatment. Microcurrents remind the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring. People will wonder what you've done.

BIOTEC Peptide4 Skin Synchronizing Booster Facial

30mins - €55

Recover Like Clockwork, with this add-on facial treatment empowered with the new ELEMIS Peptide 24/7 range.

The Ultrasonic Peel stimulates the removal of impurities and dead skin cells, while the Oxygen Infusion encourages cellular restoration, for a skin that looks well-rested, radiant and beautiful, 24/7.



ELEMIS HANDS & FEET

Garden of England Rose Restore Hand Treatment

30mins - €45

60mins included manicure

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward

30mins - €55

60mins included pedicure

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

FINISHING TOUCHES

Manicure €30

Pedicure €40

Nail Polish €15

Soak off Manicure €45

Soak off Pedicure €55

Soak off Removal €15

WAXING

Underarm €15

Arm €25

Half Leg €25

Full Leg €35

Full Bikini €35

Bikini Line €20

Back/ Chest €30

Lip/ Chin €15

Eyebrow Shape €15



SPA PACKAGES

Couples Spa Retreat

75 minutes - €220

ELEMIS Deep Tissue Massage 60'

ELEMIS Peptide4 Thousand Flower Face Treatment 15'

Skin Nutrition

2 hours and 40 minutes - €210

ELEMIS Garden Of England Rose Restore and Relaxing Massage 60'

ELEMIS Intensely Cleansing Salt Scrub 40'

ELEMIS Superfood Pro-radiance 60'

Perfectly Pampered

2 hours and 15 minutes - €190

ELEMIS Deeper than Deep Hot Stone Massage 60'

ELEMIS Hair and Scalp Frangipani Treatment 15'

ELEMIS Best Foot Forward included Pedicure 60'

Romantic Rejuvenation for Couples

€210

ELEMIS Garden of England Restore and Relaxing Massage 60'

Use of Jacuzzi included two glasses of sparkling wine, tropical fruit salad and mix of sweets (Moët & Chandon 375ml - 30€)

Bridal Love

2 hours and 30 minutes - €230

ELEMIS Pro-Collagen Age Defy 60'

ELEMIS Hot Mineral Body Boost Energising Massage 60'

ELEMIS Garden of England Rose Restore Hand Treatment 30'

Perfect groom

2 hours and 30 minutes - €170

ELEMIS High Performance Skin Energiser 60'

ELEMIS Deep Tissue Massage 60'

ELEMIS Best Foot Forward 30'

Face & Body High Tech Anti-Ageing Treatment

5 days - €520

ELEMIS Biotec Anti-Ageing 60' x 3

ELEMIS Cellutox Aroma Ocean wrap 75' x 3

Holiday Detox Program

6 days - €440

ELEMIS Cellutox Aroma Spa Ocean Wrap 75' x2

ELEMIS Thousand Flower Detox Wrap 60'x2

ELEMIS Superfood Pro-radiance Facial Treatment 60'x2

FACILITIES

Use of wet area 60' €10 per person

3 days unlimited use €30

5 days unlimited use €50

TRAINING

Personal Training €40 per hour



SPA ETIQUETTE

- The opening hours of the Stella Island spa is 10:00 - 19:00.
- We highly recommend that you book in advance to ensure you secure your preferred time & treatment.
 - For cancellations please let us know at least 4 hours prior to the scheduled appointment.
 - If such notice is not provided you will be charged with 50% of the treatment cost.
 - Please arrive 15' prior to your appointment and confirm your personal health history.
 - The spa's management cannot be liable for loss or damage to any personal items.
 - Please lock your personal items in your personal locker or leave your jewellery in your room.
 - Eating, drinking and smoking is not allowed in the spa area.









Relia Inhouse Design

ANASSA | POWERED BY
ROYAL TREATMENTS | ELEMIS

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STELLA
HOTELS COLLECTION