

UNICO 20°87° HOTEL RIVIERA MAYA

Restore, refresh, and reset for spring, under the sun and overlooking the translucent Mexican Caribbean. Join Aura's renowned collective of experts and influencers across wellness, fitness, nutrition, beauty, and overall well-being—and find a new balance in body, mind, and soul. A rejuvenating, exhilarating, limited-time experience, designed to keep you feeling whole-body well long after you're home.



WELLNESS

- Aura Flow Morning Yoga
- Aura Floating Yoga
- Pool Party
- Aura Sunset Party



NUTRITION

- Aura Cooking Class
- Learn a variety of methods for healthy, delicious, nutrient-rich cooking.



SPIRITUAL FITNESS

- Cold Plunge Experience
- Shaman Blessing Experience
- Aura Vibrations



CUSTOM BEAUTY

- The Aura Beauty Bar Experience
- One-of-a-kind events hosted by **Natura Bisse** award-winning skincare



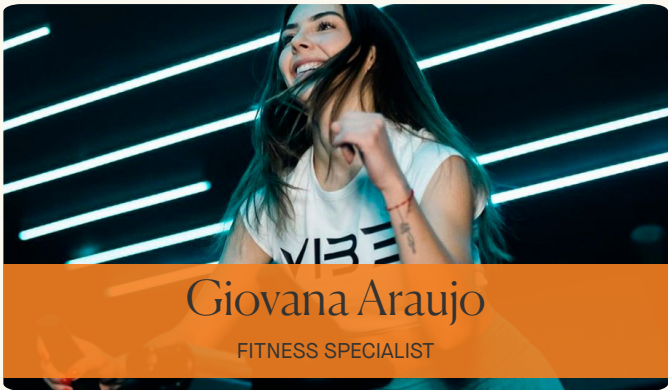
PHYSICAL FITNESS

- Silent Beats Spinning
- HIIT Workout
- Circuit Workout
- Mind, Body & Soul Functional Training
- Aqua Spinning

aurawellness

MARCH 29 - APRIL 04
RIVIERA MAYA

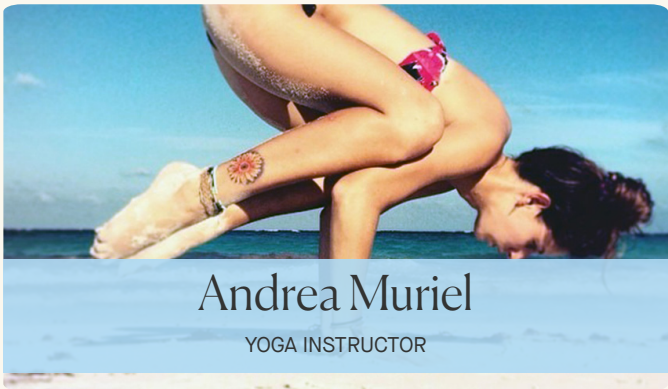
aura wellness



Giovana Araujo
FITNESS SPECIALIST



Eugenia Muriel
YOGA INSTRUCTOR



Andrea Muriel
YOGA INSTRUCTOR



Karla Hernández
CHEF



Kayla Nicole
WELLNESS CONTENT CREATOR



Roydian Chan
PERSONAL TRAINER



Sweats & The City

ELIZABETH + DALE, THE CO-FOUNDERS OF SWEATS AND THE CITY + ORRO APP



Faith Hunter

AUTHOR + MEDITATION & YOGA INSTRUCTOR



Shannon Bills

MINDSET MENTOR AND ENERGY HEALER

Restore, refresh, and reset.

20° N 87° W

UNICO

Riviera Maya

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